



St Anne's Church, Chingford

Web site: www.stanneE4.org.uk

11th August 2024 – Trinity 11 Proper 14

Parish Eucharist 10.00

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Welcomers: Lesley Stiffell, Anthony Sullivan

Servers: Terisa Nabukalu, Trisha Nakanwagi, Melissa Narusoke

Chalice: Marcia Hall, Jenny Scotchmer

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Lessons: Clare Fullerton

Prayers: Julie Adesina

Leader: Julie Adesina

Preacher: Julie Adesina

Celebrant: Mick Scotchmer

Music: Bill Gloyn



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Hymns:

33 Alleluia, sing to Jesus

506 May the mind of Christ my Saviour

275 Guide me O thou great Redeemer

328 I come with joy, a child of God

453 Lord, enthroned in heav'nly splendour

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“Miners use canaries to warn of deadly gases. It might not be a bad idea if we took heed of the dead birds in our countryside”

Lord Shackleton

This week →	Monday	12th Aug	19.30	Projects and Events
	Friday	16th Aug	10.00	Eucharist
	Sunday	18th Aug	10.00	Parish Eucharist

Collect

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Post Communion

Lord of all mercy,
we your faithful people have celebrated that one true sacrifice
which takes away our sins and brings pardon and peace:
by our communion
keep us firm on the foundation of the gospel
and preserve us from all sin;
through Jesus Christ our Lord.

Old Testament Reading

1 Kings 19.4-8

⁴Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O LORD, take away my life, for I am no better than my ancestors.'⁵ Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.'⁶ He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again.⁷ The angel of the LORD came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you.'⁸ He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

This is the word of the Lord.

All Thanks be to God.

New Testament Reading

Ephesians 4.25-5.2

²⁵Putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another.²⁶ Be angry but do not sin; do not let the sun go down on your anger,²⁷ and do not make room for the devil.²⁸ Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy.²⁹ Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear.³⁰ And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption.³¹ Put away from you all bitterness and wrath and

anger and wrangling and slander, together with all malice, ³²and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you.

¹Therefore be imitators of God, as beloved children, ²and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

This is the word of the Lord.

All Thanks be to God.

Gospel

John 6.35,41-51

When the Gospel is announced the reader says

Hear the gospel of our Lord Jesus Christ according to John.

All Glory to you, O Lord.

³⁵Jesus said to the crowd, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

⁴¹Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.'⁴²They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?'⁴³Jesus answered them, 'Do not complain among yourselves. ⁴⁴No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. ⁴⁵It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. ⁴⁶Not that anyone has seen the Father except the one who is from God; he has seen the Father. ⁴⁷Very truly, I tell you, whoever believes has eternal life. ⁴⁸I am the bread of life.

⁴⁹Your ancestors ate the manna in the wilderness, and they died. ⁵⁰This is the bread that comes down from heaven, so that one may eat of it and not die.

⁵¹I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

This is the Gospel of the Lord.

All Praise to you, O Christ.

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We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church and a card reader if you prefer to donate in that way. If you would like to join the **Parish Giving** scheme



please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.

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Ukraine and Eat or Heat - We are still collecting for both at the back of the church—children, toddler's and baby items are still very much needed as the war takes its toll on the people of Ukraine. As are long lasting food products and hygiene products for Eat or Heat.

W

African Caribbean Evening: Saturday 7 September There is a list to sign at the back of church to book your tickets for this popular evening.

PCC Vacancy - Following the loss of Alan Pearson there is a vacancy on the PCC. If you are interested in joining the PCC or would like more information on what this would involve please speak to Mick or one of the Churchwardens.

S

Creation Care In the April informal service I introduced the Creation Care website which I suggested might help us improve our own Environmental Care. This can be found at www.creationcare.org.uk . When registering please select St Anne, Chingford as your church. To date only four other households have registered. As we approach the Harvest Festival when we shall again be offering our environmental care using the site may provide a useful audit.

FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

Anniversaries for August: 1st Margaret Halford, 10th Lillian Whitehead, 11th Alex Joseph, 12th Doris Sullivan, 13th John Malony, 15th Katie Anderson, 19th Brian Jones, 29th Ivy Hughes.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them,
may they rest in peace and rise in glory. Amen*