



St. Anne's Church, Chingford

Web site: www.stanneE4.org.uk

9th July 2023– Trinity 5, Proper 9

Parish Eucharist 10.00

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Welcomers: Velma Davis, Jacqui Haniff-Bentham

Server: Alan Pearson

Chalice: Anthony Sullivan

Lessons: Joy Ventour

Prayers: Alan Pearson

Preacher: Julie Adesina

Celebrant: Jude Bullock

Music: Peter Stannard

Hymns:

733 the strife is o'er

321 How sweet the name of Jesus

413 Just as I am without one plea

334 I heard the voice of Jesus

369 Jesu, lover of my soul

COME
to Me, all
YOU WHO LABOR and are
heavy laden,
AND I WILL GIVE YOU
REST

**'If you think you are too small
to make a difference—try
sleeping with a mosquito.'**

HH the Dalai Lama

This week

Wednesday 12th July 11.30 Bible Study Group

Friday 14th July 10.00 Eucharist

Saturday 15th July 10.00 Coffee Morning

Sunday 16th July 10.00 Informal Eucharist



Collect

Almighty and everlasting God,
by whose Spirit the whole body of the Church
is governed and sanctified:
hear our prayer which we offer for all your
faithful people,
that in their vocation and ministry
they may serve you in holiness and truth
to the glory of your name;
through our Lord and Saviour Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Post Communion

Grant, O Lord, we beseech you,
that the course of this world may be so
peaceably ordered by your governance,
that your Church may joyfully serve you in all
godly quietness;
through Jesus Christ our Lord.

Old Testament Reading

Zechariah 9.9-12

⁹Rejoice greatly, O daughter Zion!
Shout aloud, O daughter Jerusalem!
Lo, your king comes to you;
triumphant and victorious is he,
humble and riding on a donkey,
on a colt, the foal of a donkey.
¹⁰He will cut off the chariot from Ephraim
and the warhorse from Jerusalem;
and the battle-bow shall be cut off,
and he shall command peace to the nations;
his dominion shall be from sea to sea,
and from the River to the ends of the earth.

¹¹As for you also, because of the blood of my covenant with you,
I will set your prisoners free from the waterless pit.

¹²Return to your stronghold, O prisoners of hope;
today I declare that I will restore to you double.

This is the word of the Lord.

All **Thanks be to God.**

New Testament Reading

Romans 7.15-25a

¹⁵I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶Now if I do what I do not want, I agree that the law is good. ¹⁷But in fact it is no longer I that do it, but sin that dwells within me. ¹⁸For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I

cannot do it. ¹⁹For I do not do the good I want, but the evil I do not want is what I do. ²⁰Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

²¹So I find it to be a law that when I want to do what is good, evil lies close at hand.

²²For I delight in the law of God in my inmost self, ²³but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. ²⁴Wretched man that I am! Who will rescue me from this body of death? ²⁵Thanks be to God through Jesus Christ our Lord!

This is the word of the Lord.

All Thanks be to God.

Gospel

Matthew 11.16-19,25-30

When the Gospel is announced the reader says

Hear the gospel of our Lord Jesus Christ according to Matthew.

All Glory to you, O Lord.

At that time Jesus said, ¹⁶“To what will I compare this generation? It is like children sitting in the market-places and calling to one another,

¹⁷“We played the flute for you, and you did not dance;
we wailed, and you did not mourn.”

¹⁸For John came neither eating nor drinking, and they say, “He has a demon”; ¹⁹the Son of Man came eating and drinking, and they say, “Look, a glutton and a drunkard, a friend of tax-collectors and sinners!” Yet wisdom is vindicated by her deeds.

²⁵I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; ²⁶yes, Father, for such was your gracious will. ²⁷All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

²⁸Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. ²⁹Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy, and my burden is light.’

This is the Gospel of the Lord.

All Praise to you, O Christ. .

N We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the **Parish Giving** scheme please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.



E Please remember **Eat or Heat and the toddlers of Ukraine**. Please continue—and thank you so much for the donation of goods so far—to add a little to your shopping that can be distributed to those most in need

Forthcoming events....for diaries.

W	<u>Patronal festival</u>	Sunday July 23rd simple lunch 12.30
	<u>Table Top Sale.</u>	Saturday 5th August 10- noon
	<u>African Caribbean Evening.</u>	Saturday 19th August 6-9pm
	<u>Table Top Sale.</u>	Saturday 2nd September 10-noon
S	<u>Harvest Festival</u>	Sunday 17th September 10.00
	<u>Jumble Sale</u>	Saturday 7th October. 10- noon



FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

Anniversaries for July: 1st Joseph Nye, Ethel Fernley, Stella Bickerstaff, 11th Margaret Bridger, 20th Jean Sherman, 22nd Edith Mears, 24th Penny Rolfe.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them,
may they rest in peace and rise in glory. Amen*