



# St. Anne's Church, Chingford

Web site: [www.stanneE4.org.uk](http://www.stanneE4.org.uk)

## 5th February 2023– 3rd before Lent

### Parish Eucharist 10.00

# W

**Welcomers:** Velma Davis, Jacqui Haniff-Bentham

**Server:** Julie Adesina

**Chalice:** Lindsey Archer

# O

**Lessons:** Lindsey Archer

**Prayers:** Heather Gwynn

**Lead:** Jude Bullock

# R

**Preacher:** Jude Bullock

**Celebrant:** Mick Scotchmer

**Music:** Peter Stannard

# S

**Hymns:**

767 Thou whose almighty word

91 Brother, sister

# H

349 Immortal, invisible

198 For the healing of the nations

479 Shine, Jesus shine



# I

# P

*Thought to  
pray through  
and ponder  
in February*



**Only the person who  
loves the earth and  
God in one can believe  
in the kingdom of God**

**—Dietrich Bonhoeffer**

<b><i>This week</i></b>  →	Tuesday	7th Feb	20.00 MLT
	Wednesday	8th Feb	11.30 Bible Study Group
	Friday	10th Feb	10.00 Eucharist
	Sunday	12th Feb	10.00 Parish Eucharist

## **Collect**

Almighty God,  
who alone can bring order  
to the unruly wills and passions of sinful humanity:  
give your people grace  
so to love what you command  
and to desire what you promise,  
that, among the many changes of this world,  
our hearts may surely there be fixed  
where true joys are to be found;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## **Post Communion**

Merciful Father,  
who gave Jesus Christ to be for us the bread  
of life,  
that those who come to him should never  
hunger:  
draw us to the Lord in faith and love,  
that we may eat and drink with him  
at his table in the kingdom,  
where he is alive and reigns, now and for  
ever.

## **Old Testament Reading**

***Isaiah 58.1-9a***

Thus says the Lord:

1Shout out, do not hold back! Lift up your voice like a trumpet!  
Announce to my people their rebellion, to the house of Jacob their sins.  
2Yet day after day they seek me and delight to know my ways,  
as if they were a nation that practised righteousness and did not forsake the ordinance of  
their God;

they ask of me righteous judgements, they delight to draw near to God.

**3'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?'**

Look, you serve your own interest on your fast-day, and oppress all your workers.

4Look, you fast only to quarrel and to fight and to strike with a wicked fist.

Such fasting as you do today will not make your voice heard on high.

5Is such the fast that I choose, a day to humble oneself?

Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes?

Will you call this a fast, a day acceptable to the LORD?

6Is not this the fast that I choose: to loose the bonds of injustice,

to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke?

7Is it not to share your bread with the hungry, and bring the homeless poor into your  
house;

when you see the naked, to cover them, and not to hide yourself from your own kin?

8Then your light shall break forth like the dawn, and your healing shall spring up quickly;

your vindicator shall go before you, the glory of the LORD shall be your rear-guard.

9Then you shall call, and the LORD will answer; you shall cry for help, and he will say, Here  
I am.

**This is the word of the Lord.**

*All*      **Thanks be to God.**

## **New Testament Reading**

***1 Corinthians 2.1-12***

<sup>1</sup>When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to  
you in lofty words or wisdom. <sup>2</sup>For I decided to know nothing among you except Jesus

Christ, and him crucified. <sup>3</sup>And I came to you in weakness and in fear and in much trembling. <sup>4</sup>My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, <sup>5</sup>so that your faith might rest not on human wisdom but on the power of God.

<sup>6</sup>Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. <sup>7</sup>But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. <sup>8</sup>None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. <sup>9</sup>But, as it is written,

‘What no eye has seen, nor ear heard,  
nor the human heart conceived,  
what God has prepared for those who love him’ –

<sup>10</sup>these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. <sup>11</sup>For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. <sup>12</sup>Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

This is the word of the Lord.

All Thanks be to God.

## Gospel

## Matthew 5.13-20

*When the Gospel is announced the reader says*

*Hear the gospel of our Lord Jesus Christ according to Matthew.*

All Glory to you, O Lord.

Jesus went up the mountain and was joined by his disciples. Then he began to teach them:

<sup>13</sup>You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

<sup>14</sup>You are the light of the world. A city built on a hill cannot be hidden. <sup>15</sup>No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. <sup>16</sup>In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

<sup>17</sup>Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. <sup>18</sup>For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. <sup>19</sup>Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. <sup>20</sup>For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.'

This is the Gospel of the Lord.

All Praise to you, O Christ.

**N** We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the **Parish Giving** scheme please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.



**E** **Please remember Eat or Heat and the toddlers of Ukraine.** Please continue—and thank you so much for the donation of goods so far—to add a little to your shopping that can be distributed to those most in need

**W** **Praying for the Planet** Throughout the course of this year there will be events and liturgies which focus on the single most important ethical issue of our times: The climate emergency. **To that end on Sunday 26th March** in the afternoon, we will be welcoming members of other churches and other faiths to meet here at St. Anne's . During which members of the various faith traditions will share their insights, both theological and spiritual on how best people of faith can respond as a community to the emergency. **All are welcome!** and volunteers to help with the catering are especially welcome. There will be more information available in due course. It would be wonderful if many of St. Anne's people could come.

**S** **Lent Course** Lent is looming (3 weeks away) and there will be, as usual, a Lent course. More details to follow in the coming days.

#### FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

**Anniversaries for February:** 2nd George Radford, 3rd Emily Brewis, 5th Gladys Travis, 6th Walter Rolfe, 17th Ted Bulled, 20th William Sherman, 21st Gordon Wilkinson, 22nd Beryl Lovitt, 23rd Arthur Runeckles, Victor Foster, 24th Dorothy Potter, Albert Gates, 25th Maureen Cope, 26th Gladys Gloyn, Kenneth Gwynn, 27th Lillian Bates. 28th Teresa Carroll.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them,  
may they rest in peace and rise in glory. Amen*