

# NEWS

We do not take a collection during the service at St. Anne's as most of our regular members are part of our Regular Parish Giving scheme.

**It costs over £1,000 per week to run this church** so if you wish to make a contribution you will find a plate at the back of church. If you would like to join the Regular Parish Giving scheme please speak to Lindsey Archer, Andy Crawford or the church wardens.

**Covid-19** As previously announced we are following CofE advice on precautions to take. This is now that there will be no physical contact when sharing the Peace and communion will be distributed in one kind only (bread).

**The Hatch Patch team** are organising a tidy up of the flower beds at the other side of the underpass from St Anne's, by the Heathlands Care Home and Post Office, on Friday 20th March from 10-12noon. They would welcome help with weeding and tidying, followed by tea or coffee at the Friday Hill TMO in Chingdale Road.

**Lent Course**—The joint Lent Course in our MMU has the theme of the Environment, on Wednesday evenings 7:45 for 8pm moving between the churches and at 1:30pm on Thursday at St. Edmund's after their 12:30 Eucharist and bring and share lunch. For the Wednesday away sessions we meet at St. Anne's and share cars.

**African-Caribbean evening**—This year's African-Caribbean evening will be on Saturday 16th May from 6.30 to 9.30. **There will be a short planning session at coffee time today** - all welcome.

## FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

**Anniversaries for March:** 6th Lily Burnett, 9th Dorothy Rossiter, Joan Page-Webster, 10th Peter Simpson, 11th Florence Digman, 12th Elsie Muscutt, 15th Linda Smith-Pryor, 17th John Barwick, Violet Gibbs, 18th Aglaia Macropoulos, Cyril Ives, 21st Bernice Foster, Anthony Foster, 22nd Kim Runeckles, 23rd Derek Palmer, 24th Betty Crawford, 27th John Wood.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen*



Parish Church of St. Anne Chingford

Web site: [www.stanneE4.org.uk](http://www.stanneE4.org.uk)



# WORSHIP

**Lent 3—15th March 2020**

**Parish Eucharist 10.00**

**Welcomers:** Anthony Sullivan, Rosalind Tatam

**Servers:** Lindsey Archer, Jacqui Bentham, Alan Pearson

**Lessons:** Tinu Williamson-Taylor

**Prayers:** Alan Pearson

**Preacher:** Mick Scotchmer

**Celebrant:** Mick Scotchmer

**Music:** Peter Stannard

**Hymns:**

407 Jesus, where'er thy people meet

83 Bread of heaven, on thee we feed

334 I heard the voice of Jesus say

120 Come down, O Love divine

442 Light's abode, celestial Salem



**This week**

Mon	16th Mar	20.00	PCC
Wed	18th Mar	19:45	Lent Course (St Edmund's) <b>Meet at St Annes's to leave at 19:30</b>
Thurs	19h Mar	13.30	Lent Course (St Edmund's)
Fri	20th Mar	10.00	Holy Communion
Sun	22nd Mar	10.00	Informal Eucharist (Mothering Sunday)
		17.30	<b>No Evening Service</b>



## Collect

Almighty God,  
whose most dear Son went not up to joy but first  
he suffered pain,  
and entered not into glory before he was crucified:  
mercifully grant that we, walking in the way of the  
cross,  
may find it none other than the way of life and  
peace;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## Post Communion

Merciful Lord,  
grant your people grace to withstand the  
temptations of the world, the flesh and  
the devil,  
and with pure hearts and minds to follow  
you, the only God;  
through Jesus Christ our Lord.

## Old Testament Reading

*Exodus 17.1-7*

<sup>1</sup>From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. <sup>2</sup>The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the LORD?' <sup>3</sup>But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' <sup>4</sup>So Moses cried out to the LORD, 'What shall I do with this people? They are almost ready to stone me.' <sup>5</sup>The LORD said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. <sup>6</sup>I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. <sup>7</sup>He called the place Massah and Meribah, because the Israelites quarrelled and tested the LORD, saying, 'Is the LORD among us or not?'

This is the word of the Lord.

All Thanks be to God.

## New Testament Reading

*Romans 5.1-11*

<sup>1</sup>Since we are justified by faith, we have peace with God through our Lord Jesus Christ, <sup>2</sup>through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. <sup>3</sup>And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, <sup>4</sup>and endurance produces character, and character produces hope, <sup>5</sup>and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

<sup>6</sup>For while we were still weak, at the right time Christ died for the ungodly. <sup>7</sup>Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. <sup>8</sup>But God proves his love for us in that while we still were sinners Christ died for us. <sup>9</sup>Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. <sup>10</sup>For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. <sup>11</sup>But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

This is the word of the Lord.

All Thanks be to God.

## Gospel

*John 4.5-42*

*When the Gospel is announced the reader says*

Hear the gospel of our Lord Jesus Christ according to John.

All Glory to you, O Lord.

<sup>5</sup>Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. <sup>6</sup>**Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.**

<sup>7</sup>**A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink.'** <sup>8</sup>(His disciples had gone to the city to buy food.) <sup>9</sup>**The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.)** <sup>10</sup>Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink," you would have asked him, and he would have given you living water.' <sup>11</sup>The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? <sup>12</sup>Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' <sup>13</sup>Jesus said to her, 'Everyone who drinks of this water will be thirsty again, <sup>14</sup>but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' <sup>15</sup>The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

<sup>16</sup>Jesus said to her, 'Go, call your husband, and come back.' <sup>17</sup>The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; <sup>18</sup>for you have had five husbands, and the one you have now is not your husband. What you have said is true!' <sup>19</sup>The woman said to him, 'Sir, I see that you are a prophet. <sup>20</sup>Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' <sup>21</sup>Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. <sup>22</sup>You worship what you do not know; we worship what we know, for salvation is from the Jews. <sup>23</sup>But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. <sup>24</sup>God is spirit, and those who worship him must worship in spirit and truth.' <sup>25</sup>The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' <sup>26</sup>Jesus said to her, 'I am he, the one who is speaking to you.'

<sup>27</sup>Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' <sup>28</sup>Then the woman left her water-jar and went back to the city. She said to the people, <sup>29</sup>**'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?'** <sup>30</sup>They left the city and were on their way to him.

<sup>31</sup>Meanwhile the disciples were urging him, 'Rabbi, eat something.' <sup>32</sup>But he said to them, 'I have food to eat that you do not know about.' <sup>33</sup>So the disciples said to one another, 'Surely no one has brought him something to eat?' <sup>34</sup>Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. <sup>35</sup>Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. <sup>36</sup>The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. <sup>37</sup>For here the saying holds true, "One sows and another reaps." <sup>38</sup>I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

<sup>39</sup>Many Samaritans from that city believed in Jesus because of the woman's testimony, 'He told me everything I have ever done.' <sup>40</sup>So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. <sup>41</sup>And many more believed because of his word. <sup>42</sup>They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

This is the Gospel of the Lord.

All Praise to you, O Christ.