We do not take a collection during the service at St. Anne's as most of our regular members are part of our Regular Parish Giving scheme.

## It costs over £1,000 per week to run this church

so if you wish to make a contribution you will find a plate at the back of church. If you would like to join the Regular Parish Giving scheme please speak to Lindsey Archer, Andy Crawford or the church wardens.

**WORLD DAY OF PRAYER 2020** local service will be on Friday 6th March at 2pm at The Old Church, Chingford Mount Road (opposite the cemetery). The service this year was prepared by the women of Zimbabwe and is entitled "Rise! Take Your Mat and Walk".

**Jumble Sale**—If you have jumble, but need it collecting, please have a word with Anthony Sullivan (07947 127717). We also need as many helpers as possible on the day, please.

**Electoral Roll**—The Electoral Roll review finishes on Sunday 8th March. If you are not on the Electoral Roll please complete a form and return it to Mick or one of the churchwardens before then.

**Fair Trade Fortnight** runs from today until Sunday 8 March. As last year, we have a small stock of fair trade foods and other goods from Traidcraft available for sale after the service for this period.

**Lent Course**—We shall be running a joint Lent Course one the theme of the Environment in our MMU. It will run on Wednesday evenings 7:45 for 8pm moving between the churches and at 1:30pm on Thursday at St. Edmund's after their 12:30 Eucharist and bring and share lunch. Full details and a sign up list are at the back of church. For the Wednesday away sessions I suggest we meet at St. Anne's and share cars

## FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

Anniversaries for February: 2nd George Radford, 3rd Emily Brewis, 5th Gladys Travis, 6th Walter Rolfe, 17th Ted Bulled, 20th William Sherman, 21st Gordon Wilkinson, 22nd Beryl Lovitt, 23rd Arthur Runeckles, Victor Foster, 24th Dorothy Potter, Albert Gates, 25th Maureen Cope, 26th Gladys Gloyn, Kenneth Gwynn, 27th Lillian Bates, 28th Teresa Carroll.

Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen



# Parish Church of St. Anne Chingford



Web site: www.stanneE4.org.uk

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## Lent 1—1st March 2020

## Parish Eucharist 10.00

Welcomers: Margaret Halford, Rosalind Tatam, Bridget Tongo Servers: Jacqui Bentham, Isaac Dennis, Jenny Scotchmer

**Chalice:** Beryl Stratton, Anthony Sullivan

Lessons: Joy Ventour
Prayers: Rosalind Tatam
Preacher: Mick Scotchmer
Celebrant: Mick Scotchmer
Music: Peter Stannard

Hymns:

7 202 Forty days and forty nights 465 Lord Jesus, think on me

337 I, the Lord of sea and sky

152 Dear Lord and Father of Mankind

550 O happy band of pilgrims



I WISH I KNEW
WHICH VERSE TO USE
AGAINST ANOTHER
PIECE OF
CHOCOLATE CAKE.

This	Wed	4th Mar	19:45	Lent Course (St Andrew's) (Meet St Anne's 19:15)
week	Thurs	5th Mar	13.30	Lent Course (St Edmund's)
	Fri	6th Mar	10.00	Holy Communion
$\Longrightarrow$			14;00	World Day of Prayer Service (Old Church)
	Sat	7th Mar	10.00	Jumble Sale
	Sun	8th Mar	10.00	Parish Eucharist

#### Collect

Almighty God,
whose Son Jesus Christ fasted forty days in the
wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience
to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

### **Post Communion**

Lord God,
you have renewed us with the living bread
from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him who is the
true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.

# Old Testament Reading

Genesis 2.15-17; 3.1-7

<sup>15</sup>The LORD God took the man and put him in the garden of Eden to till it and keep it. <sup>16</sup>And the LORD God commanded the man, 'You may freely eat of every tree of the garden; <sup>17</sup>but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

<sup>1</sup>Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, 'Did God say, "You shall not eat from any tree in the garden"? <sup>2</sup>The woman said to the serpent, 'We may eat of the fruit of the trees in the garden; <sup>3</sup>but God said, "You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die." <sup>4</sup>But the serpent said to the woman, 'You will not die; <sup>5</sup>for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' <sup>6</sup>So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. <sup>7</sup>Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

This is the word of the Lord.

All Thanks be to God.

# New Testament Reading

Romans 5.12-19

<sup>12</sup>Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned – <sup>13</sup>sin was indeed in the world before the law, but sin is not reckoned when there is no law. <sup>14</sup>Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

<sup>15</sup>But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the

grace of the one man, Jesus Christ, abounded for the many. <sup>16</sup>And the free gift is **not like the effect of the one man's sin. For the judgement following one trespass** brought condemnation but the free gift following many trespasses brings justification. <sup>17</sup>If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

<sup>18</sup>Therefore just as one man's trespass led to condemnation for all, so the act of righteousness of one leads to justification and life for all. <sup>19</sup>For just as by the one person's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

This is the word of the Lord.

All Thanks be to God.

Gospel Matthew 4.1-11

When the Gospel is announced the reader says

Hear the gospel of our Lord Jesus Christ according to Matthew.

All Glory to you, O Lord.

<sup>1</sup>Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. <sup>2</sup>He fasted for forty days and forty nights, and afterwards he was famished. <sup>3</sup>The tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' <sup>4</sup>But he answered, 'It is written,

"One does not live by bread alone,

but by every word that comes from the mouth of God."

<sup>5</sup>Then the devil took him to the holy city and placed him on the pinnacle of the temple, <sup>6</sup>saying to him, 'If you are the Son of God, throw yourself down; for it is written, "He will command his angels concerning you",

and "On their hands they will bear you up,

so that you will not dash your foot against a stone."

Jesus said to him, 'Again it is written, "Do not put the Lord your God to the test."

<sup>8</sup>Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; <sup>9</sup>and he said to him, 'All these I will give you, if you will fall down and worship me.' <sup>10</sup>Jesus said to him, 'Away with you, Satan! for it is written.

"Worship the Lord your God, and serve only him."

<sup>11</sup>Then the devil left him, and suddenly angels came and waited on him.

This is the Gospel of the Lord.

All Praise to you, O Christ.