

FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

Anniversaries for July: 1st Joseph Nye, Ethel Fernley, Stella Bickerstaff, 11th Margaret Bridger, 20th Jean Sherman, 22nd Edith Mears, 24th Penny Rolfe.

.Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen

N **Joan Pinder RIP:** Joan's ashes will be distributed in the garden after the Eucharist on our patronal feast day in two weeks (29th July)

"The inner voice is something which cannot be described in words. But sometimes we have a positive feeling that something in us prompts us to do a certain thing. The time when I learnt to recognise this voice was, I may say, the time when I started praying regularly."

— Mahatma Gandhi

NEWS



This week	Monday	16th July	20.00	PCC
	Thursday	19th July	14.00	Open Church
	Friday	20th July	10.00	Eucharist
	Sunday	22nd July	10.00	Parish Eucharist



Parish Church of St. Anne Chingford

Web site: www.stanneE4.org.uk



Sidesmen: Jenny Miller, Joyce Sullivan, Velma Davis

Chalice: Anthony Sullivan, Heather Gwynn

Server: Alan Pearson

Celebrant: Jude Bullock,

Music: Peter Stannard

July 15th
Trinity 7
Proper 10

WORSHIP

OPENING SONG 777 To God be the glory

Prayer of forgiveness

God of healing, God of wholeness, we bring our brokenness, our sinfulness, our fears and despair, and lay them at your feet. God of healing, God of wholeness, we hold out hearts and hands, minds and souls to feel your touch, and know the peace that only you can bring. God of healing, God of wholeness, this precious moment in your presence and power grant us faith and confidence that here broken lives are made whole . Amen

GLORIA 222

OPENING PRAYER

Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, All I have and call my own. You have given all to me. To you, Lord, I return it.

Everything is yours; do with it what you will.

Give me only your love and your grace, that is enough for me. Amen



FIRST READING: Ephesians 1:3-10

SONG: 652 Seek ye first

GOSPEL Luke 11: 1-4
Reflection

SONG 445 Like a mighty river flowing
Sign of peace

SONG: 613 Peace is flowing like a river

during which the gifts of bread and wine will be brought to the table

And now, following Jesus' example and command we take this bread and wine, the ordinary things of the world which Christ will make special. And as he prayed before sharing, let us do so too.

In the silence of our hearts, let us pray for those who need to be remembered: For those who have made the headlines today because of what they have done or said:

for those who care for us and for those we care for:

For those who are sick or in trouble:

For those whom the words 'Peace and Justice' bring to mind,

For those for whom we have a special concern .

For those who have died and those we remember with love and affection.

Finally we pray for ourselves to the Father that inspired by the Holy Spirit we may be more Christ-like in our daily lives.

As Jesus taught us so we pray:

The Lord's prayer

**Our Father in heaven,
hallowed be your name.**

**Your Kingdom come,
your will be done,
on earth as in heaven
Give us today our daily
bread.**

**Forgive us our sins,
as we forgive those who
sin against us.**

**Lead us not into tempta-
tion,**

but deliver us from evil.

**For the kingdom,
the power and the glory are yours.**

Now and for ever. Amen

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is always right to give you thanks, God our Creator, loving and faithful, holy and strong. Lord of all life, you created the universe, where all living things reflect your glory. You give us this great and beautiful earth, to discover and to cherish. You give us sun and moon and star-lit sky, everything that gives us light, light for our eyes, our hearts, our minds. You give us the fish in the sea, the birds of the air, and every plant and tree; the life that sleeps in the winter earth, and awakens again in the spring. You send your Spirit to bring new life to the world and clothe us with power from on high We join with the saints and angels to sing your praise...

SONG

309 vs 1



We thank you, loving Father, because, when we turned away, you sent Jesus, your Son. He gave his life for us on the cross and shows us the way to live. Send your Holy Spirit that these gifts of bread and wine may be for us Christ's body and his blood.

On the night before he died, when darkness had fallen, Jesus took bread. He gave thanks, broke it, and shared it with his disciples, saying: 'This is my body, given for you. Do this to remember me.' After they had eaten, he took the cup of wine, gave thanks, and shared it with his disciples, saying: 'This is my blood, poured out for you and for many, for the forgiveness of sins.'

SONG

309 vs 2

So Father, with this bread and this cup we celebrate his love, his death, his risen life. As you feed us with these gifts, send your Holy Spirit, and change us more and more to be like Jesus our Saviour. Help us, Father, to love one another, as we look forward to that day when suffering is ended, and all creation is gathered in your loving arms. And now with Mary, Anne and all your saints we give you glory, through Jesus Christ, in the strength of the Spirit, today and for ever.

SONG

309 vs 3

The bread is broken

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus, redeemer of the world, grant us Peace.

These are the gifts of God for the people of God; our Lord is coming to us in bread and wine.

Distribution of Holy Communion

Concluding prayer (say together)

Dearest Lord,

teach us to be generous;

teach us to serve You as You deserve;

to give and not to count the cost,

to fight and not to heed the wounds,

to toil and not to seek for rest,

to labour and not to ask for reward

save that of knowing we are doing Your Will. Amen

Notices

Final Blessing

SONG:

599 Onward Christian pilgrims