We do not take a collection at St. Anne's as we have a Free Will Offering scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the **Free Will Offering** scheme please speak to Andy Crawford, Mark Ebden or the church wardens.

Please don't forget the ongoing **Eat or Heat** collection at the back of the church. The weather may be warm, but the need for food banks has not gone away. Thank you for your generosity.

FOR OUR PRAYERS:

Sick and wanting prayer; Joan Banks, Valerie Black, Dorothy Bulled, Claire Connelly, Vera Humphreys, Jill Rooke-Matthews, Nargis Gill, Riaz Gill, Siddique Gill, Russell House, Khanya, Saba Mall, Sohail Mall, Valerie Muscutt, Joan Pinder, Barbara Smith, Sheila Treadwell, Elena Utton, Pauline Warner, Gordon Wilkinson, John Wood, Ken and Jenny Howland. Kingston Joseph Gilbert, Maureen & Melvin Oakes, Lesley Stiffell. Alan & Letisha Pearson.

Anniversaries for July: 1st Joseph Nye, Ethel Fernley, Stella Bickerstaff, 11th Margaret Bridger, 20th Jean Sherman, 22nd Edith Mears, 24th Penny Rolfe.

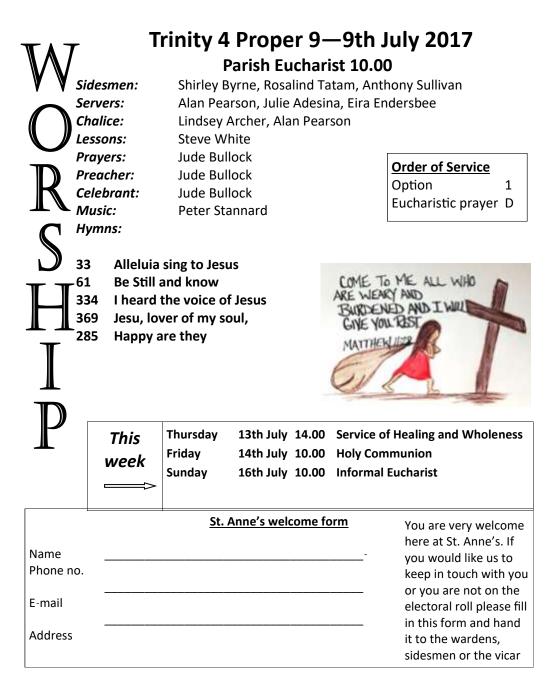
Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen



Parish Church of St. Anne Chingford

Web site: www.stanneE4.org.uk





Collect

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal; grant this, heavenly Father,

for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Old Testament Reading

- 8 The Lord is gracious and merciful, long-suffering and of great goodness.
 9 The Lord is loving to everyone and his mercy is over all his creatures.
- 10 All your works praise you, O Lord, and your faithful servants bless you.
- 11 They tell of the glory of your kingdom and speak of your mighty power,
- 12 To make known to all peoples your mighty acts and the glorious splendour of your kingdom.
- 13 Your kingdom is an everlasting kingdom; your dominion endures throughout all ages.
- 14 The Lord is sure in all his words and faithful in all his deeds.
- 15 The Lord upholds all those who fall and lifts up all those who are bowed down. This is the word of the Lord.
- All Thanks be to God.

New Testament Reading

Romans 7.15-25a

¹⁵I do not understand my own actions. For I do not do what I want, but I do the very thing I hate.
¹⁶Now if I do what I do not want, I agree that the law is good.
¹⁷But in fact it is no longer I that do it, but sin that dwells within me.
¹⁸For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I

Post Communion

comfort of the afflicted and healer of the

you have fed us at the table of life and hope:

teach us the ways of gentleness and peace,

the kingdom of your Son, Jesus Christ our

Psalm 145 8-15

that all the world may acknowledge

Eternal God.

broken.

Lord

cannot do it. ¹⁹For I do not do the good I want, but the evil I do not want is what I do. ²⁰Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

²¹So I find it to be a law that when I want to do what is good, evil lies close at hand. ²²For I delight in the law of God in my inmost self, ²³but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. ²⁴Wretched man that I am! Who will rescue me from this body of death? ²⁵Thanks be to God through Jesus Christ our Lord!

This is the word of the Lord.

All Thanks be to God.

Gospel

Matthew 11.16-19,25-30

When the Gospel is announced the reader says

Hear the gospel of our Lord Jesus Christ according to Matthew.

All Glory to you, O Lord.

At that time Jesus said, ¹⁶**To what will I compare this generation? It is like children** sitting in the market-places and calling to one another,

¹⁷"We played the flute for you, and you did not dance;

we wailed, and you did not mourn."

¹⁸For John came neither eating nor drinking, and they say, "He has a demon"; ¹⁹the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.

²⁵I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; ²⁶yes, Father, for such was your gracious will. ²⁷All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

²⁸Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. ²⁹Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy, and my burden **is light.'**

This is the Gospel of the Lord.

All Praise to you, O Christ.