FOR OUR PRAYERS:

Sick and wanting prayer; Julie Adesina, Fred & Joan Banks, Florence Elizabeth Belwood, Valerie Black, Vera Humphreys, Dorothy Bulled, Claire Connelly, Joshua Edmunds, Jill Rooke-Matthews, Pamela Finbow, Beverly Gilbert, Riaz Gill, Siddique Gill, Mussarat Joseph, Nargiss Khan, Khanya, Oliver Lee, Amanda Lofting, Anum Mall, Saba Mall, Sohail Mall, Rahat Munir, Valerie Muscutt, Joan Pinder, David Rolfe, Barbara Smith, Sheila Treadwell, Elena Utton, Pauline Warner, Gordon Wilkinson, John Wood, David Peter, Frederick Bullock, Linda Smith-Pryor, Joan Trapnell.

Recently Deceased: Jennifer Harwood

Anniversaries for July: 1st Joseph Nye, Ethel Fernley, Stella Bickerstaff, 11th Margaret Bridger, 20th Jean Sherman, 22nd Edith Mears, 24th Penny Rolfe.

Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen

Saturday 23rd July Chingford Hatch day!!! One week to go!!!

Stalls and activities from 10—5 all welcome...a great day out for family and friends and all centred on St. Anne's. The day will end with a concert from The Chapel End Savoy Singers at 8.00pm singing songs from the shows including toe tapping Gilbert and Sullivan hits...please invite everyone you know!!! This will be a great day for our local community as well as an important day for St. Anne's as the central Christian presence in Chingford Hatch.

Also an urgent appeal for homemade cakes—please see either Heather or Val.

Pilgrimage to the Holy Land: October 26th—November 2nd This Autumn I will be the Christian leader on the East London Three Faiths Forum pilgrimage to the Holy Land. We will be visiting sites sacred to Muslims, Jews and Christians, accompanied by reflections from myself, Rabbi David Hulbert and Mohammed Omar. If you are interested in coming please see Jude after the service.

	St. Anne's Welcome form	You are very welcome
Name		to St. Anne's. If you would like us to keep in touch with you please fill in this form and hand it to the war- dens, sidesmen or the vicar
Phone no.		
E-mail		



Parish Church of St. Anne Chingford

Morning has broken

Web site: stanneE4.milesconsulting.co.uk



Sidesmen: Velma Davis, Beryl Stratton, Joyce Sullivan

Chalice: Ken and Jenny Howland,

Eira Endersbee Server: Celebrant: Jude Bullock. Peter Stannard Music:

OPENING SONG *Prayer of forgiveness*

Lord bring new life where we are worn and tired, bring new love where we have been hard-hearted. Bring forgiveness where we feel hurt, and where we have wounded; Bring the joy and freedom of your Holy Spirit where we are prisoners of ourselves.

To all and to each, on your community and friends, where regret is real, God pronounces his pardon and grants us the right to begin again.

Thanks be to God Amen.

GLORIA OPENING PRAYER

FIRST READING: Proverbs 3: 13-31

SONG: 560 O Lord all the world

222

GOSPEL Matthew 9: 27-30a

SONG 306 He's got the whole world

Sign of peace

Reflection and activity

SONG: 323 I am the bread of life

during which the gifts of bread and wine will be brought to the table













And now, following Jesus' example and command we take this bread and wine, the ordinary things of the world which Christ will make special. And as he prayed before sharing, let us do so too.

In the silence of our hearts, let us pray for those who need to be remembered: For those who have made the headlines today because of what they have done or said:

for those who care for us and for those we care for:

For those who are sick or in trouble:

For those whom the words 'Peace and Justice' bring to mind, today we pray especially for the people of France and all those who were bereaved and suffered in the attack at Nice. We also pray for the people of Turkey and for stability and peace in that country For those for whom we have a special concern .

For those who have died, especially calling to mind those murdered in Nice and those we remember with love and affection.

Finally we pray for ourselves that we may be more Christ-like in our daily lives.

As Jesus taught us so we pray:

The Lord's prayer

Eternal Spirit, Earth-Maker, Pain-bearer, Life-giver Source of all that is and all that shall be, Father and Mother of us all,

Loving God who is in heaven: the hallowing of your name echo through the universe! The way of your justice be followed by people of the world!

Your heavenly will be done by all created beings!

Your commonwealth of peace and freedom sustain our hope and come on earth. With bread we need for today, feed us. In the hurts we absorb from one another forgive us. In times of temptation and test, strengthen us.

From trials too great to endure, spare us. From the grip of all that is evil, free us. For you reign in the glory of the power that is love, now and forever.

May it be so. Amen. (From the New Zealand Prayer Book)

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is always right to give you thanks, God our Creator, loving and faithful, holy and strong. Lord of all life, you created the universe, where all living things reflect your glory. You give us this great and beautiful earth, to discover and to cherish. You give us sun and moon and star-lit sky, everything that gives us light, light for our eyes, our hearts, our minds. You give us the fish in the sea, the birds of the air, and every plant and tree; the life that sleeps in the winter earth, and awakens again in the spring. You send your Spirit to bring new life to the world and clothe us with power from on high We join with the saints and angels to sing your praise...

We thank you, loving Father, because, when we turned away, you sent Jesus, your Son. He gave his life for us on the cross and shows us the way to live. Send your Holy Spirit that these gifts of bread and wine may be for us Christ's body and his blood.

On the night before he died, when darkness had fallen, Jesus took bread. He gave thanks, broke it, and shared it with his disciples, saying: 'This is my body, given for you. Do this to remember me.' After they had eaten, he took the cup of wine, gave thanks, and shared it with his disciples, saying: 'This is my blood, poured out for you and for many, for the forgiveness of sins.'

SONG

309 vs 2

So Father, with this bread and this cup we celebrate his love, his death, his risen life. As you feed us with these gifts, send your Holy Spirit, and change us more and more to be like Jesus our Saviour. Help us, Father, to love one another, as we look forward to that day when suffering is ended, and all creation is gathered in your loving arms. And now with Mary, Anne and all your saints we give you glory, through Jesus Christ, in the strength of the Spirit, today and for ever.

SONG

309 vs 3

The bread is broken

Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, grant us Peace.

These are the gifts of God for the people of God; our Lord is coming to us in bread and wine.

Distribution of Holy Communion

Concluding prayer (say together)

God our Father,
your Son is our peace
and his cross the sign of reconciliation:
help us, who share the broken bread,
to bring together what is scattered
and to bind up what is wounded,
that Christ may bring in the everlasting kingdom of his peace;
who is alive and reigns, now and for ever.

853

Final Blessing

SONG:

You shall go out with joy

SONG **309 vs 1**