#### FOR OUR PRAYERS:

Sick and wanting prayer; Julie Adesina, Fred & Joan Banks, Florence Elizabeth Belwood, Valerie Black, Vera Humphreys, Dorothy Bulled, Claire Connelly, Joshua Edmunds, Jill Rooke-Matthews, Pamela Finbow, Beverly Gilbert, Riaz Gill, Siddique Gill, Jenny Harwood, Mussarat Joseph, Nargiss Khan, Khanya, Oliver Lee, Amanda Lofting, Anum Mall, Saba Mall, Sohail Mall, Rahat Munir, Valerie Muscutt, Joan Pinder, David Rolfe, Barbara Smith, Sheila Treadwell, Elena Utton, Pauline Warner, Gordon Wilkinson, John Wood, David Peter.

#### Anniversaries for May.

2nd Eric Norton, 6th Kathleen Rickard, 12th Lillian Fisher, 18th Michael Tucker, Edna Mortimer, 26th Winton Scotchmer, Doris Smy, 30th Winifred Sherman, Peter Potter.

Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen

**Today, Pentecost,** is the start of Christian Aid Week and there will be a CtiNC (Churches together in North Chingford) combined service in St Anne's at **17.30**. . There will be no evening prayer next week. Also...

For those who are able to help with the House to House collection, on the table at the back of church, will be the list of roads, batches of envelopes, and the "Guide to Collecting" leaflets that include the collectors badges and certificates needed for door to door collections

**Saturday 21st May**—**Christian Aid Big Brekkie** from 10.00am. Come have breakfast in the centre and raise money for Christian Aid—cakes, plants and bookstall as well. If you are able to make some cakes for the Brekkie please see Val, Heather or Beryl after this service

#### Sunday 19th June Bring a Friend to Church Sunday !!!!

The 10.00 service will be non-Eucharistic and accessible to people who are not used to going to church—an ideal opportunity to bring a friend and/or relative to church, especially if they have never been or haven't been for some time. There will be a simple Eucharist at 8.30 that morning. It would be great if you could bring some-one—but it is as important that you bring yourself!

	St. Anne's Welcome form	You are very welcome
Name		to St. Anne's. If you would like us to keep in touch with you please fill in this form and hand it to the war- dens, sidesmen or the vicar
Phone no.		
E-mail		



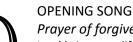
# Parish Church of St. Anne Chingford

Web site: stanneE4.milesconsulting.co.uk



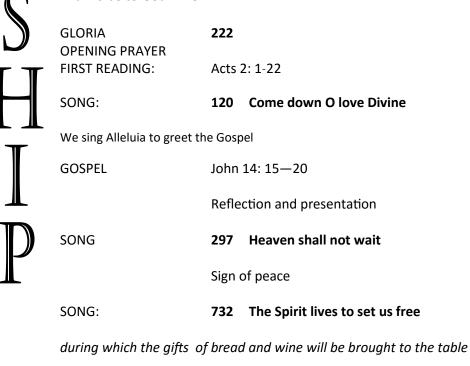


Sidesmen:Velma Davis, Margret Halford, Linda Smith-PryorChalice:Ken Howland, Anthony SullivanServer:Eira Endersbee, Miles and Isaac DenisCelebrant:Jude Bullock,Music:Peter Stannard



# G 114 Colours of day

Prayer of forgiveness Lord bring new life where we are worn and tired, bring new love where we have been hard- hearted. Bring forgiveness where we feel hurt, and where we have wounded; Bring the joy and freedom of your Holy Spirit where we are prisoners of ourselves. To all and to each, on your community and friends, where regret is real, God pronounces his pardon and grants us the right to begin again. **Thanks be to God Amen.** 





And now, following Jesus' example and command we take this bread and wine, the ordinary things of the world which Christ will make special. And as he prayed before sharing, let us do so too.

In the silence of our hearts, let us pray for those who need to be remembered: For those who have made the headlines today because of what they have done or said: for those who care for us and for those we care for:

For those who are sick or in trouble:

For those whom the words 'Peace and Justice' bring to mind, today we pray especially for Foreza and Morsheda and all who are helped by Christian Aid and for the work of Christian Aid in bringing light and life to our neighbours. For those for whom we have a special concern.

For those who have died and those we remember with love and affection.

Finally we pray for ourselves that we may be more Christ-like in our daily lives.

As Jesus taught us so we pray:

#### The Lord's prayer

Eternal Spirit, Earth-Maker, Pain-bearer, Life-giver Source of all that is and all that shall be, Father and Mother of us all,

Loving God who is in heaven: the hallowing of your name echo through the universe! The way of your justice be followed by people of the world!

Your heavenly will be done by all created beings!

Your commonwealth of peace and freedom sustain our hope and come on earth. With bread we need for today, feed us. In the hurts we absorb from one another forgive us. In times of temptation and test, strengthen us.

From trials too great to endure, spare us. From the grip of all that is evil, free us. For you reign in the glory of the power that is love, now and forever.

May it be so. Amen. (From the New Zealand Prayer Book)

#### Let us give thanks to the Lord our God.

## It is right to give thanks and praise.

It is always right to give you thanks, God our Creator, loving and faithful, holy and strong. Lord of all life, you created the universe, where all living things reflect your glory. You give us this great and beautiful earth, to discover and to cherish. You give us sun and moon and star-lit sky, everything that gives us light, light for our eyes, our hearts, our minds. You give us the fish in the sea, the birds of the air, and every plant and tree; the life that sleeps in the winter earth, and awakens again in the spring. You send your Spirit to bring new life to the world and clothe us with power from on high We join with the saints and angels to sing your praise...

SONG **309 vs 1** 

gave his life for us on the cross and shows us the way to live. Send your Holy Spirit that these gifts of bread and wine may be for us Christ's body and his blood.

On the night before he died, when darkness had fallen, Jesus took bread. He gave thanks, broke it, and shared it with his disciples, saying: 'This is my body, given for you. Do this to remember me.' After they had eaten, he took the cup of wine, gave thanks, and shared it with his disciples, saying: 'This is my blood, poured out for you and for many, for the for-giveness of sins.'

SONG 309 vs 2

So Father, with this bread and this cup we celebrate his love, his death, his risen life. As you feed us with these gifts, send your Holy Spirit, and change us more and more to be like Jesus our Saviour. Help us, Father, to love one another, as we look forward to that day when suffering is ended, and all creation is gathered in your loving arms. And now with Mary, Anne and all your saints we give you glory, through Jesus Christ, in the strength of the Spirit, today and for ever.

SONG

**309 vs 3** The bread is broken

Jesus, Lamb of God, have mercy on us. Jesus, bearer of our sins, have mercy on us. Jesus, redeemer of the world, grant us Peace.

These are the gifts of God for the people of God; our Lord is coming to us in bread and wine.

Distribution of Holy Communion

### Concluding prayer (say together)

Holy Spirit, sent by the Father, ignite in us your holy fire; strengthen your children with the gift of faith, revive your Church with the breath of love, and renew the face of the earth, through Jesus Christ our Lord.

#### Final Blessing

SONG:

479 Lord the light of your love is shining

We thank you, loving Father, because, when we turned away, you sent Jesus, your Son. He