

We do not take a collection at St. Anne's as we have a Free Will Offering scheme. However if you wish to make a contribution you will find a plate at the back of church. If you would like to join the Free Will Offering scheme please speak to Andy Crawford, Mark Ebden or one of the church wardens .

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Jude and his family are on holiday for the first two weeks of August. Matters which would normally be taken to Jude should be taken to one of the churchwardens: Lindsey or Anthony or one of the Readers: Jenny or Mick.

Penny Rolfe's Memorial Service

David, Sally and Stephen Rolfe and their family would like to sincerely thank everyone who joined them for the wonderfully happy memorial service for Penny on Tuesday evening. After the lovely service the large congregation enjoyed the splendid refreshments in the hall, organised and served by Beryl and her marvellous team.

It was all just as Penny would have wished.

Thank you so much St. Annes..... Gold medals all round!

FOR OUR PRAYERS:

Sick and wanting prayer; Dorothy and Ted Bulled, Rahat Munir, Joan Page-Webster, Gladys Travis, Pauline Warner, Nancy Khuzwayo (One Life) Rachel Michell, Valerie Black, Pamela Finbow, Jenny Harwood, Gill Head, Mary Taylor, Ashton Simeron, Derek Palmer, Betty Crawford, Riaz Gill, Sohail Mall ,

Recently Deceased: Penny Rolfe

Anniversaries for August; 10th Lillian Whitehead, 11th Alex Joseph, 12th Doris Sullivan, 13th John Malony, 15th Katie Anderson, 19th Brian Jones, 29th Ivy Hughes.

Eternal rest grant unto them O Lord, and let light perpetual shine upon them, may they rest in peace and rise in glory. Amen



Parish Church of St. Anne Chingford

Web site: www.stanneE4.org.uk



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**Trinity 9 - August 5th
Eucharist 10.00**

Sidesmen: Colin Humphreys, Jenny Miller, Barbara Shepard
Servers: Jill Rooke-Matthews, Joanne Williams, John Williams
Chalice: Mick Scotchmer, Anthony Sullivan
Lessons: Ken Howland
Prayers: Jenny Howland
Reader: Mick Scotchmer
Preacher: Brother Edmund
Celebrant: Brother Edmund
Music: Lynette De Souza
Hymns: 702 The church's one foundation
 374 Jesu thou joy of loving hearts
 424 Let all mortal flesh keep silence
 463 Lord Jesus Christ
 275 Guide me, O thou great Redeemer

<u>Order of Service</u>	
Option	2
Eucharistic prayer	E

<i>This week</i> ⇒	Thursday	9th Aug	14.00	Healing
	Friday	10th Aug	10.00	Communion
	Sunday	12th Aug	10.00	Parish Eucharist

St. Anne's welcome form

You are very welcome here at St. Anne's. If you would like us to keep in touch with you or you are not on the electoral roll please fill in this form and hand it to the wardens, sidesmen or the vicar

Name _____

Phone no. _____

E-mail _____

Address _____

Collect

Almighty God,
who sent your Holy Spirit
to be the life and light of your Church:
open our hearts to the riches of your grace,
that we may bring forth the fruit of the Spirit
in love and joy and peace;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Post Communion

Holy Father,
who gathered us here around the table of
your Son
to share this meal with the whole house-
hold of God:
in that new world where you reveal the
fullness of your peace,
gather people of every race and language
to share in the eternal banquet of
Jesus Christ our Lord.

Old Testament Reading

Exodus 16.2-4,9-15

²The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. ³The Israelites said to them, 'If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

⁴Then the LORD said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.'

⁹Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the LORD, for he has heard your complaining."' ¹⁰And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the LORD appeared in the cloud. ¹¹The LORD spoke to Moses and said, ¹²'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God."'

¹³In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. ¹⁴When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. ¹⁵When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the LORD has given you to eat.'

This is the word of the Lord.

All Thanks be to God.

New Testament Reading

Ephesians 4.1-16

¹I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ²with all humility and gentleness, with patience, bearing with one another in love, ³making every effort to maintain the unity of the Spirit in the bond of peace. ⁴There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵one Lord, one faith, one baptism, ⁶one God and Father of all, who is above all and through all and in all.

⁷But each of us was given grace according to the measure of Christ's gift. ⁸Therefore it is said,

'When he ascended on high he made captivity itself a captive;
he gave gifts to his people.'

⁹(When it says, 'He ascended,' what does it mean but that he had also descended into the lower parts of the earth? ¹⁰He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) ¹¹The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

This is the word of the Lord.

All Thanks be to God.

Gospel

John 6.24-35

When the Gospel is announced the reader says

Hear the gospel of our Lord Jesus Christ according to John.

All Glory to you, O Lord.

²⁴When the crowd saw that neither Jesus nor his disciples were at the place where Jesus had given the bread, they themselves got into the boats and went to Capernaum looking for Jesus.

²⁵When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' ²⁶Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' ²⁸Then they said to him, 'What must we do to perform the works of God?' ²⁹Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' ³⁰So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing?' ³¹Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat."' ³²Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³For the bread of God is that which comes down from heaven and gives life to the world.' ³⁴They said to him, 'Sir, give us this bread always.'

³⁵Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

This is the Gospel of the Lord.

All Praise to you, O Christ.